

Programme:

Time	Details	Room
9.30-10.00	Arrival & Coffee/Tea	SG 1.11
10.00-10.10	Welcome & Introduction to the MICE (Mental Health in Childhood & Education) Hub - Dr Wendy Sims-Schouten.	SG 0.22
10.10-10.20	Professor Gordon Blunn, Director Health & Wellbeing Theme, University of Portsmouth.	SG 0.22
10.20-11.15	Examples of Research & Projects on Wellbeing at the University of Portsmouth; Dr Aaron Pycroft; Dr Gina Sherwood; Dr Simon Edwards; Ms Sukh Hamilton (see below for topics)	SG 0.22
11.15-12.15	<u>Keynote:</u> Larissa Pople (Senior Research, Children's Society London). <u>Topic:</u> <i>A Good Childhood? Children's Wellbeing in the UK</i>	SG 0.22
12.15-13.00	Lunch and Networking	SG 1.11

Time	Details	Room
13.00-14.00	<p><u>Keynote:</u> Professor Jonathan Smith (Professor of Psychology, Birkbeck University, University of London) <u>Topic:</u> <i>Attempting to get at the lived experiences of health and wellbeing: working with interpretative phenomenological analysis (IPA)</i></p>	SG 0.22
14.00-14.10	Launch of IPA Forum (Ms Emma Maynard, Senior Lecturer in Education, UoP)	SG 0.22
14.15-15.00	<p>Workshops:</p> <ol style="list-style-type: none"> 1. IPA in Action (Ms Emma Maynard). 2. Mindfulness (Dr Clare Wilson, Reader in Psychology, UoP); Mental Health Literacy (Dr Paul Gorczyński, Senior Lecturer, Sport and Exercise Science Department, UoP). 	SG 0.22 SG 1.11

**Examples of Research & Projects Wellbeing,
University of Portsmouth (session from
10.20-11.15):**

Dr Aaron Pycroft, Reader in Criminal Justice and Social Complexity, Institute of Criminal Justice.
Title: 'The Phenomenology of Complex Needs'

Dr Gina Sherwood, Senior Lecturer in Education & Associate Head Students, School of Education & Childhood Studies. Title: 'Parents' Experiences of Support: Co-constructing their Stories'

Dr Simon Edwards, Senior Lecturer Youth Studies, School of Education & Childhood Studies and guests. Title: 'Beyond the School Gates Project'

Ms Sukh Hamilton, Senior Lecturer in Education, School of Education & Childhood Studies. Title: 'Children's Voice, Holistic Wellbeing, and Taboo Subjects'